



WhalleyRange.org

Our community directory



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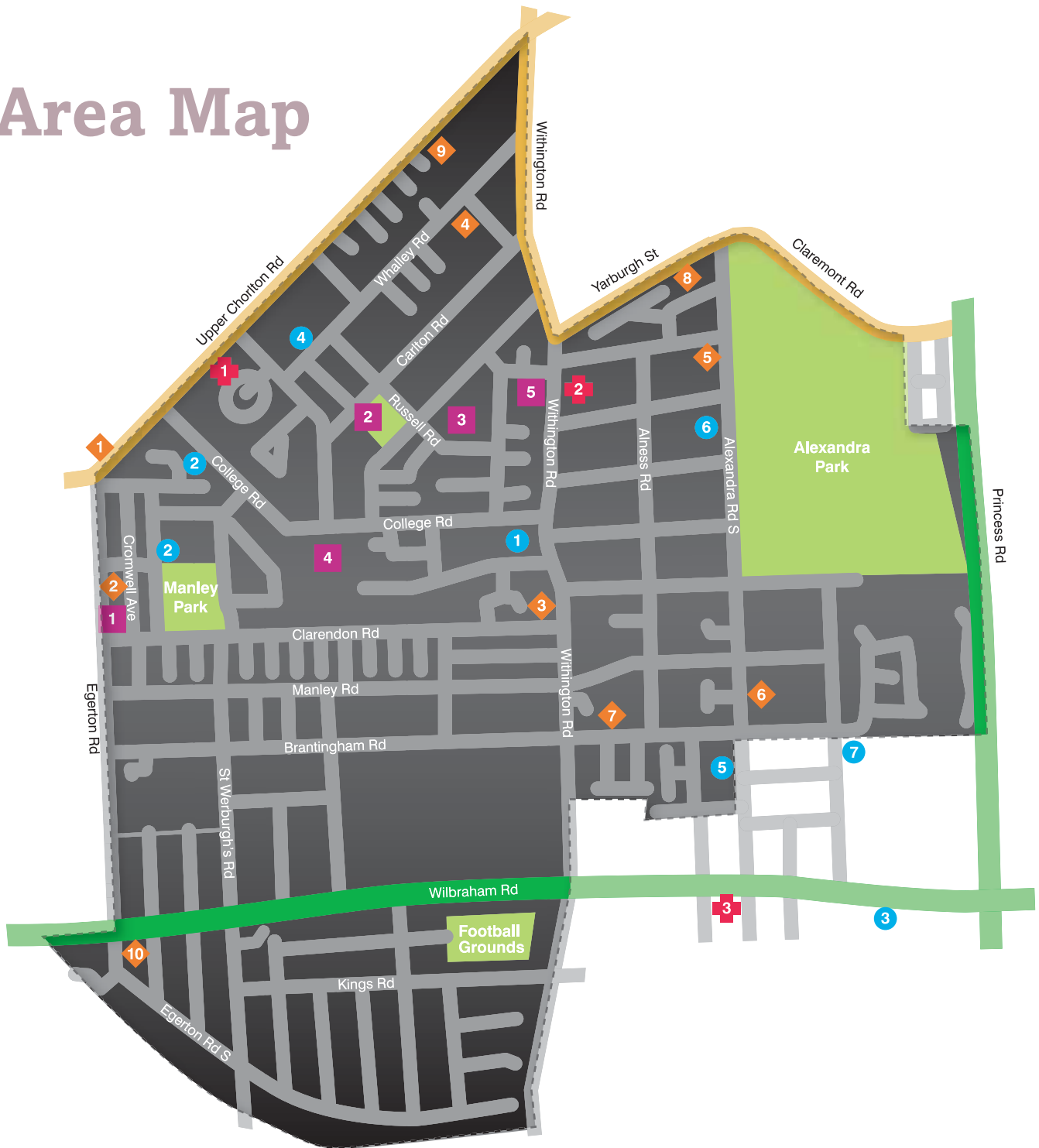


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Area Map



Map key

--- Ward Boundary

◆ **Education**

- 1 St Margaret's Primary
- 2 Manley Park - Infants & Junior
- 3 Whalley Range 11 to 18 High
- 4 Our Lady's RC Primary
- 5 KD Grammar
- 6 St Bede's College
- 7 William Hulme's Grammar School Academy

● **Religion**

- 1 Jamia Mosque
- 2 Manley Park Methodist Church
- 3 Madrisa-Mosque Zakaria
- 4 St Margaret's Church
- 5 St Edmund's Church
- 6 English Martyrs Parish Centre
- 7 Gita Bhavan Hindu Temple
- 8 Manchester Chinese Christian Church
- 9 Sangat Bahtra Sikh Temple
- 10 St. Ninians (URC)

■ **Community**

- 1 JNR8 Youth & Community Centre
- 2 The Carlton Social & Bowling Club
- 3 Goodwood Lodge
- 4 The British Muslim Heritage Centre
- 5 Al Farghana Institute

✚ **Medical**

- 1 Ashville Surgery
- 2 Range Medical Centre
- 3 The Alexandra Practice

WhalleyRange.org

April 2008

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Credits

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Directory

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Email: info@WhalleyRange.org
Website: WhalleyRange.org

Disclaimer

The publishers make every effort to ensure the accuracy of the contents. However the publishers accept no responsibility for any affects or losses resulting from errors, omissions or inaccuracies present. To up date or add entries go to WhalleyRange.org



Your Directory

Welcome to WhalleyRange.org all about us and our communities

Whalley Range is a unique area of Manchester: its tree lined avenues, expanse of parkland and rich variety of architecture convey a sense of rural tranquillity and harmony even though it is minutes away from one of the fastest growing and successful city centres in the country.

It is also unique in its sense of community – historically Whalley Range has been a centre of rich cultural diversity, attracting people from all walks of life and from a wide range of cultures and backgrounds. In recent years this diversity has grown and developed and we hope this directory will give those of you living here, or those of you merely visiting, a real sense of the richness and vitality of our community.

This is more than a directory... as the famous quote runs... this is the essence of Whalley Range – within these pages you will feel the strength and vitality of your community – it will offer you inspiration and opportunity to play your role in the future development of your area – it will hopefully break down barriers, build trust and hope – and enable us to collectively grow together building a safe and secure future for our children and young people.

So join us and get involved – this directory is only part of the story – please visit our website at WhalleyRange.org or read all the latest news in your very own local newsletter “News and Events” delivered to your door every two months (ring us if you would like a copy), or listen to the stories of Whalley Range on your local community radio station ALL FM (96.9FM www.allfm.org) – we have a dedicated Whalley Range hour each week.

All of this only happens because people like you care about where they live and they want to make it better, so join us, tell us your story on the website or radio, help edit or deliver our newsletter, join your local Residents Group, start a Homewatch Group, get involved in the Celebrate Community Arts events – or even start your own through the various community grant schemes available.

If you have any queries or comments with regard to this directory, or want to find out more about these opportunities and activities please contact us at the address below.

Whalley Range Forum

c/o JNR8 Youth & Community Centre
82 Cromwell Avenue, Whalley Range,
Manchester. M16 0BG
Tel: 0161 881 3744
Email: info@whalleyrange.org
Web: WhalleyRange.org



WhalleyRange.org was compiled by Whalley Range Forum, designed by IndustriousDesign.co.uk & funded through the 2007 CN4M Grant Programme with support from the ESF Programme.

Stories of Whalley Range



Whalley Range resident Abina Likoya was co-founder of Abasindi Drumming and Dance Company and Artistic Director and Founder of Soca Survivors – 10 piece Caribbean Carnival/Party Music Band.

“I arrived in Manchester on a beautiful day in Spring – in the early seventies – My husband had accepted a job at Withington Hospital and Moss Care provided us with a home in Whalley Range . I fell in love with Whalley Range

immediately; I think the trees won me over. Before moving to Manchester I had lived in North London, Halifax and Oldham for a brief period. I am happy that I made the decision to stay in this area, I have been actively involved in Community Arts and other activities and have come to know and love the many diverse people who live and work in the Community and although I love my Country of birth, Barbados, Whalley Range has become my home.

I have had the opportunity to travel throughout the UK and always look forward to returning to my home in the Range. I like the fact that everything is in reasonable travelling distance and there is a diverse range of Cultural Activities which enriches the quality of life for all.”

Register your stories and experiences online at WhalleyRange.org >>>

Bunny Lewis is a Whalley Range Resident and a celebrated female impersonator. In 1973 he won an award for the best Cabaret Act in the country.

“On the corner of Alness Rd and Wellington Rd was the Showbiz Hotel – (later to become the Clifton Grange Hotel – now sadly demolished) – and all the people in Showbiz used to get to Phyllis’, after they’d finished work. I mean you never knew who was in Phyllis’ because Phyllis’ son became quite a big star in his own right (Phil Lynott, singer with ‘Thin Lizzy’). He used to turn up regularly with the group and the groups of the day would drink in Phyllis’ after they’d finished their gigs. I remember meeting up with the punk group ‘the Sex Pistols’, I met them a few times in there and various American stars who were appearing in the city would be in Phyllis’, just having a drink

and just relaxing. It was a place where you could go and really turn off. And George Best, of course, used to go and drink in Phyllis’ regular. I became very good friends with George. I remember one time, we’d both got heavy into our cups, let’s put it like that, and the milkman who delivered the milk to Phyllis’ also delivered the milk to my house. There were more milkmen in those days. He was doing his round this particular early morning, I suppose it was kicking out time, and we finished up sat on the back of the milk float. George Best and myself and then they dropped me off home. The milkman delivered the milk and me (still dressed in my show-gear!); they were happy days you see in Whalley Range. Within half a square mile of Whalley Range itself was bedsit land and there was a lot of people who were showbiz people... they were all within a stone’s throw of my house.”

Get Involved...

Community facilities and activities in Whalley Range

This directory, which will be distributed through local services and organisations, Post Offices, Doctors surgeries, etc. and its companion website www.whalleyrange.org, will help you find out about all the different organisations that contribute to the daily lives of people living in Whalley Range. Much of this activity is supported by Whalley Range Forum which has been in existence since 1995 and acts as information point and discussion forum for the issues that affect our community.

The Forum produces a bi-monthly newsletter – News and Events, which is circulated to many homes in the area – keeping people informed and updated about a range of issues from the most recent planning applications and issues to up and coming activities such as Whalley Range in Bloom and the Celebrate Community Arts events.

The Forum also circulates a weekly email bulletin which keeps people informed about forthcoming meetings, events, conferences, activities and includes a comprehensive Social Calendar of forthcoming music, arts and social activities in the area.

The Forum meets on the second Thursday of every other month*, at each meeting we are joined by our Local Councillors, our Ward Co-ordinator and Ward Support Officer**, representatives of the Police and, when appropriate, representatives from other organisations and departments from the city council.

This ensures that all organisations working in our area operate in a co-ordinated way, maximising their value within our community.

The Forum receives funding and support from Manchester City Council through the Voluntary Sector, Policy and Grants section and from the Community Network for Manchester (CN4M) through its links with the South Central Community Network.

Whalley Range Forum works closely with its Local Councillors to ensure they represent the concerns of their local ward members. All Local Councillors also hold regular surgeries in the local community where you can meet them on a face to face basis to discuss issues of concern.

For information about your current Local Councillors and details of their surgeries please call the Members' Secretariat:
0161 234 3235 or visit
http://www.manchester.gov.uk/site/scripts/council_democracy_index.php

Town Hall switchboard:
0161 234 5000
(Opening times: Monday to Friday 8.45am - 5.00pm)

*Whalley Range Forum meeting venue:
0161 881 3744
Website: www.whalleyrange.org

**See Directory entry in 'Advice & Information' for more on services available through our Ward Co-ordination.



Categories

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Useful Numbers...

Health related

NHS Direct
0845 4647

Manchester Royal Infirmary
NHS Walk In Centre
0161 276 3839

Manchester Royal Infirmary
Manchester Eye Hospital/St Mary's
0161 276 1234

Withington Community Hospital NHS
Walk In Centre
0161 217 3015

Brook Advisory Centre
Emergency Contraception/Advice/STDs
0161 237 3001

Manchester Drugs Centre
Advice/Help/Needle Exchange
0161 273 4040

Aidline
0161 273 3136

Local Councillors

Councillor Faraz Bhatti (Conservative)
0161 861 0202

Councillor John Grant (Liberal Democrat)
0161 881 9446

Councillor Mary Watson (Labour)
0161 860 5523

City Council

Maria Boylan
Ward Co-ordinator
0161 234 3998

Katrina Keane
Ward Co-ordinator Support Officer
0161 234 4373

South Manchester Regeneration Team
0161 277 1880

Whalley Range Sure Start Children's
Centre
0161 636 7507 or 0161 226 0162

Park Wardens
Alexandra Park: 0161 232 8627
Manley Park: 0161 881 9014

Street Environment Manager
Environment On Call
Manager/Environment
0161 954 9000

Planning Department
0161 234 4516

Manchester Advice
0161 234 5600

Manchester Housing
0161 953 2525

Community Safety and Police

Greater Manchester Police
0161 872 5050

Greenheys Police Station
0161 856 4423

Crimestoppers
0800 555 111

Marion Williams-Ricketts
Community Safety Co-ordinator
0161 234 3710

Inspector Dave Gilbride
Neighbourhood Policing Team
0161 856 4222

Sabah Ahmed
Crime Reduction Advisor
0161 856 4148

Racist Incident Report Line
0800 083 0007

Women's Domestic Violence Helpline
0161 636 7525

--Advice & Information

Advice & Community Resource Centre

59 Withington Road
Whalley Range
M16 7EX

Contact: Judy Barnor / Khairul Alam

Tel: 0161 226 7015

Email: acrc-advice@tiscali.co.uk

A generalist advice agency managed by local people providing free confidential and independent advice, information and support regarding welfare benefits, housing, consumer rights, education, employment, legal problems, money and debt problems.

*Drop in sessions: Tuesday 10.0am to 12.30pm and Thursday 1.30pm to 4.00pm
Can be contacted by telephone Mon-Fri 9.30-5.00pm
Volunteer Advice Worker training available*

Whalley Range Ward Co-ordination

Area Co-ordination Team
Room 3027
PO Box 532
Manchester
M60 2LA

Contact: Maria Boylan - Ward Co-ordinator / Katrina Keane - Ward Co-ordination Support Officer

Tel: Maria Boylan-0161 234 3998

Tel: Katrina Keane-0161 234 4373

Email: m.boylan@manchester.gov.uk

Email: k.keane@manchester.gov.uk

Website: www.manchester.gov.uk

If you are interested in having your say about local services in your area you can contact your local ward co-ordinator or ward councillor.

Arts, Music & Performance

Abasindi

The Nello James Centre
136 Withington Road
Whalley Range
M16 8FB

Contact: Abina J.V. Likoya

Tel: 0161 226 2966

Email: abasindiabasindi@yahoo.co.uk

Website: www.abasindi.plus.com

Promotion of African and Caribbean culture and performing arts. Weekly drumming and dance workshops. Support sessions for women. For anyone interested in African and Caribbean culture.

Celebrate Community Arts

Festival/Celebrate 10/365

JNR8 Youth & Community Centre
82 Cromwell Avenue
Whalley Range
M16 0BG

Contact: Chris Ricard / Lee Fullwood

Tel: 0161 881 3744

Email: celebratefestival2007@yahoo.co.uk

Website: www.myspace/celebratefestivalw halleyrange

The annual Whalley Range Community Arts & Music Festival run since 1998 by local volunteers. We also put on free, accessible events for everyone, in venues across Whalley Range, celebrating our diverse community. We help set up new groups and events and welcome new volunteers.

Debbie Smiley

Contact: Debbie Jones
Tel: 07729 398 810
Email: djwtwistedpalm@yahoo.com

Children's Party Entertainer ~ Debbie Smiley. Let me lead the fun and games! Very experienced with young children and happy to make the whole thing easier for you.

Most suitable for ages 1-7yrs.

Extraordinary Rendition Musicians' Collective

Flat 1
106 Manley Road
Whalley Range
M16 8ND

Contact: Mike Rickard
Tel: 07834 810 093
Email: miker@exr.org.uk
Website: www.exr.org.uk

Extraordinary Rendition Manchester Musicians' Collective is based at the Carlton Club in Whalley Range. Consisting of around 200 bands and artists, record label and fanzine, we serve as a vehicle for the advancement of live music in Manchester.

*To get involved, contact www.exr.org.uk
info@exr.org.uk*

Who's Who in Whalley Range

Visit WhalleyRange.org and tell us more about you, your neighbourhood, your group – *upload your favourite pictures and videos* – join in discussions, find out the latest local news. WhalleyRange.org >>>

Fox Staging Ltd

13 Victoria Road
Whalley Range
M16 8GP

Contact: Ric Kane
Tel: 0161 226 8142 / 07971 322 733
Email: ric-foxstaging@hotmail.co.uk

Whalley Range based. Providing Staging for gigs and performances (indoor and out) in Manchester.

Homecooked Studio

Whalley Range

Contact: Jan Wolstenholme
Tel: 07729 197 658
Email: anetfox@yahoo.co.uk

Homecooked Studio is an easy-going relaxed recording studio set in the heart of Whalley Range. Equipped with professional recording equipment and an engineer/producer sensitive to musicians' needs and requirements. Get in touch for more info.

Jamaica Society Folk Ensemble

Manley Park Methodist Church
Whalley Range
M21 0SE

Contact: Joan Johnson
Email: jajjohns@yahoo.com

A collective representing the African and Caribbean folk music community across Manchester developed to raise the profile of African and Caribbean folk music forms. African Caribbean Music & Dance mixing Folk music with Gospel, Reggae & Hiphop. Experience music and melody with a difference.

Available for parties, weddings and cultural gigs.

The Scottish Dance Society

50 Pintail Ave
Stockport
SK3 8UN

Contact: Heather Jamieson

Tel: 0161 476 2622

Email: heather.jamieson@virgin.net

Website: www.rscds.co.uk

Classes @ Manley Park Junior School
Tuesdays: Start with basics and build confidence in social dancing. 7:30pm-9:30pm Teacher: Mrs. Barbara Handley.

Alternate Wednesdays: Combining an emphasis on good technique together with interesting dances and movements using live music. 7:30pm - 9:30pm Teacher: various.

Children & Families

Bright Eyes Nursery

Alice Roxborough
80 Demesne Road
Whalley Range
M16 8PH

Tel: 0161 226 8080

Email: info@brighteyes.org.uk

Website: www.brighteyes.org.uk

Bright Eyes offers a fun, stimulating and educating environment for your children.

Day Nursery 7.30-6.00pm – half-days available.

From birth to school age.

Over 3's after-school club with collection. Holiday Club full or half day also available, Opening Hours 8.30-6.00pm

Happy Cats Parent and Toddler Playgroup

St Edmund's Church Hall
Alexandra Road South
Whalley Range
M16 8EZ

Contact: Liz Mendel

A bright and friendly baby and toddler group run by local parents. Lots of toys, painting and play dough, children's songs and a baby area.

For babies, toddlers & pre-schoolers (0 - 4 years) accompanied by parents, grandparents or carers. Dads always very welcome.

Every Friday – 10.00am to 12.00 noon.

Honeybear Day Nursery

Bernadette Divine
Rufford Road
Whalley Range
M16 8AE

Contact: Claire Stanley

Tel: 0161 226 3779

Email: info@honeybearnurseries.co.uk

Website: www.honeybearnurseries.co.uk

Honeybear Day Nursery is situated in a delightful setting in Whalley Range. Our nursery facilities and educational program have received local authority and Ofsted approval.

The Nursery provides day care facilities along with fun learning activities for children aged 6 months to 5 years.

Manley Park Play Centre

York Avenue
Whalley Range
M16 0AS

Contact: Yvonne Cassidy
Tel: 0161 881 4631

The Centre offers a fun and educational environment for pre-school aged children.

*Playgroup: Mon, Tues, Wed, Fri 9.15-11.45
Adult & Toddler group: Mon, Tues, Wed, Fri
1.00-3.00 - a chance to meet other parents
and socialise!
Child Minder Support drop-in group:
Thursday 9.30-12.00.*

Whalley Range Family Centre

40 Sedgeborough Road
Whalley Range
M16 7EU

Contact: Jayne Mason
Tel: 0161 868 0770

Opened in 2006 operating from a large hall in a purpose built building. It is situated in a large residential area, a maximum of 25 children may attend the provision at any one time.

Pre-school open weekdays 9.30 - 12.30 term time. The open access playscheme is open from 12-3 in the school holidays.

Community & Residents Groups

Al Buraqq Women's Group

York Avenue
Whalley Range
M16 0AR

Contact: Shamshad Iqbal / Al-Buraqq
Tel: 0161 881 8128

For all Whalley Range women who would like to be part of a group of women from different cultures and backgrounds to share their ideas and experiences, to make Whalley Range a better place to live and to enjoy day trips and social events.

Children welcome.

Dukeries Neighbours Association

Whalley Range

Contact: Severine Cochard
Tel: 0161 860 0799

The Dukeries Neighbours Association encourage community involvement & a sense of belonging, protect & improve the area's physical appearance, infrastructure & community spirit and represents and promotes the interests of Dukeries' residents.

SureStart

9.00am - 4.30pm Mon to Fri
Tel: 0161 245 7007

Whalley Range Sure Start Children's Centre,
Burford Road, Whalley Range, M16 8EH

The Whalley Range Sure Start Children's Centre opened in April 2008, to help you to give your child the best start in life, offering services for mums and dads/carers and their families and

expectant parents. Please call in to our centre within the grounds of St Margaret's Primary School - to have a look and to tell us what kind of things you would like to see in the Centre.

Friends of Alexandra Park

Alexandra Park
180 Russell Street
Moss Side
M16 7JL

Contact: Paul Benson-Hannam
Tel: 0161 226 7525
Email: pp.dalston@gmail.com
Website: www.whalleyrange.org/friendsofalexpark

Group of local residents working to raise the profile of the Park, change the image of the Park and raise funds for the improvement of the Park.

We encourage people to make greater use of the Park. We arrange and support events throughout the year.

PTA @ Manley Park

c/o Manley Park Junior School
College Road
Whalley Range
M16 0AA

Contact: Rebecca Charlton
Email: rmcharlton@yahoo.co.uk

The group aims to promote close co-operation and communication between staff/carers and parents, and to engage in activities which support and advance the education of all pupils attending Manley Park Primary School. It also aims to strengthen links with the local community.

Range Road Residents

Rose Villa
21 Range Road
Whalley Range
M16 8FS

Contact: Chris Sedman
Tel: 0161 227 9979
Email: chris@rosevilla21.plus

A campaigning residents group which promotes the interests of all residents in the immediate area. This includes Range Road, Deerpark Road and the start of Alness Road, also the shops and businesses in the area.

Meets bi-monthly in St Edmund's Church Hall.

The Friends of Manley Park

c/o Chorlton Park
30 Nell Lane
Chorlton
M21 7UD

Contact: Cath Wade – Secretary / John McGann – Park Warden
Tel: 0161 881 9014
Email: fomp@friendsofmanleypark.org
Website: <http://groups.yahoo.com/group/tefriendssofmanleypark/>

We aim to keep Manley Park a thriving, safe green community space. We meet every two months, hold an annual Fun Day plus cleanup and planting days.

Please contact us to – share ideas about the park, display a poster, hold an event in the park or share equipment.

دبلی ریج پارک

Victoria Road Residents Association

35 Victoria Road
Whalley Range
M16 8GP

Contact: Bill Williams - Chair

Tel: 0161 868 0197

Email: fataiwilliams@tiscali.co.uk

A residents' community group working together to prevent criminal activities and to promote a safe and clean environment for residents and their properties.

Whalley Range Forum

c/o JNR8 Youth & Community Centre
82 Cromwell Avenue
Whalley Range
M16 0BG

Contact: Bill Williams

Tel: 0161 881 3744

Email: info@whalleyrange.org

Website: www.whalleyrange.org

The Forum aims to represent organisations and groups within Whalley Range and seek improved facilities and services for groups and individuals.

We support other organisations such as the Health and Sustainability Forum and Celebrate, and publicise information and events through our News and Events newsletter, website, and email bulletins. We meet bi-monthly.

ویلی رینج فورم

Education & Training

Al Farghana Institute

The Principal
122 Withington Road
Whalley Range
Manchester
M16 8FB

Tel: 0161 226 7172

Email: info@farghana.org

Website: www.farghana.org.uk

The Al Farghana Institute provides meaningful and relevant Islamic teachings to the British Muslim community. It has established strong links with other faith communities, academic institutions and the local community and through these links and relationships promotes understanding and mutual respect creating an atmosphere of peace and harmony.

COOL UK

JNR8 Youth & Community Centre
82 Cromwell Avenue
Whalley Range
M16 0BG

Contact: Noreen Khan

Tel: 0161 881 3085

Email: noreen@cooluk.co.uk

Website: www.cooluk.co.uk

Providing alternatives to pupils for whom the restrictive nature of academic curriculum is inaccessible. Delivering holistic approaches, for the educational, emotional well-being of every young person in our care, meeting the aims of 'Every Child Matters'.

*Accreditation offered includes:
Building/Construction, Motor Vehicles,
Hair/Beauty, ICT.*

KD Grammar School

Hartley Hall
Alexandra Road South
Whalley Range
M16 8NH

Headteacher: Mona Mohamed
Tel: 0161 860 7676

We provide a caring, warm Islamic atmosphere with stimulating and differentiated work tasks enabling our students to develop to their full potential.

The teaching and practice of Islam, in the light of the Qur'an and Sunnah, helps our students develop a love for God and confidence in their identity as young Muslim men.

Manley Park Primary School

Manley Park Junior School & Manley Park Infants School
College Road / York Avenue
Whalley Range
M16 0AA / M16 0AS

Headteacher: Gary Handforth
Tel: 0161 881 3808/0161 881 4338
Email: info@manleypark.manchester.sch.uk
Website: www.manleypark.uk.org

Our school is found in a leafy corner of Whalley Range, spread across two sites, each with excellent facilities.

Our aims include: providing a caring, stimulating learning environment and ensuring that each child is given the opportunity to develop his or her full potential.

Regenesis²

SEDI
165 Kingsbrook Road
Whalley Range
M16 8NR

Contact: Asia Mehasi
Tel: 0161 282 3205
Email: asia@r-squared.org.uk
Website: www.r-squared.org.uk

We provide a range of education and training programmes including ABE programmes in Business Management and Marketing, ACCA, English (ESOL, Conversational English, Business English and IEITS), Arabic for children and adults, basic ICT and Web Development.

We offer consultancy and expert advice on community development and community cohesion.

We run fitness classes for women each Saturday from 12.00noon – 1.00pm. The Centre also has meeting and training rooms available for hire.

Our Lady's Primary School

Whalley Road
Whalley Range
M16 8AW

Contact: Mrs Cas Page
Tel: 0161 226 2767
Email: admin@ourladys-pri.manchester.sch.uk

A good school, providing outstanding opportunities for pupils' spiritual, moral, social and cultural development. This is seen in pupils' good attitudes, behaviour and personal relationships, which together lead to good achievement.

St Bede's College

St Bede's College
Alexandra Park
Manchester
M16 8HX

Tel: 0161 226 3323

Fax: 0161 226 3813

Email: enquiries@stbedescollege.co.uk

Headmaster's Office: head@stbedescollege.co.uk

Website: www.stbedescollege.co.uk

St Bede's College is a distinguished academic school founded by Cardinal Vaughan. We value every individual and seek to develop the talents of all who form part of our community.

Education for us does not exist in a vacuum: it is a partnership between pupil, parent and teacher.

St Margaret's Primary School

Withington Road
Whalley Range
M16 8FQ

Contact: Ms Liz Richardson

Tel: 0161 226 2271

Email: admin@st-margarets.manchester.sch.uk

The school has hosted the annual 'Celebrate' festival in recent years and the new Sure Start Children's Centre in its grounds will provide links within the Community. The school has an active Friends group involved in the ongoing development of their Community Garden, achieved through the commitment and energy of families and school staff.

Whalley Range (11-18) High School

Wilbraham Road
Whalley Range
Manchester
M16 8GW

Contact: Greg Barnes

Tel: 0161 861 9727

Email: head@whalleyrange.manchester.sch.uk

Website: www.whalleyrange.manchester.sch.uk

Our main purpose is to ensure that all our students reach their full potential affording them the best possible opportunities for their future.

Children only have 'one chance' at school and we aim to ensure that all of our students take full advantage of the opportunities provided for them.

Environmental Groups

Action For Sustainable Living

St Wilfrid's Enterprise Centre
Royce Road
Hulme
M15 5BJ

Contact: Rana Kadiri

Tel: 0845 634 4510 / 0161 227 0377

Website: www.afsl.org.uk

Action for Sustainable Living (AfSL) is a charity that helps people to live more sustainably, focusing on simple changes that will make the world a better place to live in.

'connecting people, sharing resources and supporting communities to live more sustainably'

Grassroots Gardening

Whalley Range

Contact: Séverine Cochard

Tel: 07790 631 078

Email: sev@grassrootsgardening.org.uk

Website: www.grassrootsgardening.org.uk

Offering garden maintenance with an eco-friendly approach, I can source compost bins and eco-friendly planters. No matter how small your space, I'll find a way to create a garden for you. Whether you have an allotment or just a planter on your balcony, I can help you grow your own food.

Free estimates.

Whalley Range In Bloom

Manchester City Council Environmental Campaigns
Pink Bank Lane
Manchester
M12 5QN

Contact: Sue Langford

Tel: 0161 953 2734

Email: s.langford@manchester.gov.uk

Website: www.manchester.gov.uk

We're entering Whalley Range into Manchester In Bloom, the city council's entry-level competition that (hopefully!) will lead on to North West In Bloom and maybe even the Royal Horticultural Society's national competition: Britain In Bloom!

If you'd like to get involved contact Sue as above.

Faith Organisations

English Martyrs Church

Alexandra Road South
Whalley Range
M16 8GF

Contact: Father Michael Johonnett

Tel: 0161 226 1107

Email: engmart1@hotmail.com

Website: www.empc.org.uk

The Church of the English Martyrs, Whalley Range, was opened on Sunday July 5th, 1896. The parish of English Martyrs through its priests and people has contributed to the life of the local community, deaneries, dioceses, country and world.

Gita Bhavan Hindu Temple

231 Withington Road
Whalley Range
M16 8LU

Contact: Raj Kaushal

Tel: 0161 861 0606

Email: gitabhavanhindutemplemanchester@btinternet.com

Website: www.iskcon.org.uk/manchester

The Gita Bhavan Hindu Temple is a dazzling and exotic landmark on Wilbraham Road with its white yellow and gold towers which have transformed a plain red brick hall into a Hindu place of worship.

Jamia Mosque

The Imam
Upper Chorlton Road
Whalley Range
M16

Manley Park Methodist Church

Egerton Road North
Chorlton
M21 0SE
0161 860 4681

Contact: Deacons Lyn & David Gallimore
Email: davelynngallimore@btopenworld.com

Morning congregation of about 40. There is a friendly mix of ages, nationalities, backgrounds and families. Worship includes monthly services of Holy Communion and All Age Worship. There is a small evening congregation. The premises, facing onto Cromwell Avenue, also host the JNR8 Youth and Community Centre.

St Margaret's Church

Rufford Road
Whalley Range
M16 8AE

Contact: Revd. Robert Boulter / June Davis
Tel: 0161 861 0997

Grade II listed building built in 1843, St Margaret's is a beautiful place offering space to explore and worship through the Christian tradition. Concerts in association with 'Artists on the Range' Sunday.

Services: 9:00 Holy Communion, 10.30am Family Communion Service.



St Werburgh's Church

St Werburgh's Rectory
388 Wilbraham Road
Chorlton
M21 0UH

Contact: Revd Canon Dr Anne Dawtry
Tel: 0161 881 1642
Email: stwerburghcch@aol.com

The Church can be booked for concerts and for exhibitions. There is also a purpose built church hall which can be booked by groups for a range of both one-off and regular activities.

Sunday Services 10.00am Parish Eucharist (Holy Communion Service), 6.30pm Evensong.

The British Muslim Heritage Centre

College Road
Whalley Range
M16 8BP

Contact: Fatima Mahmood
Tel: 0161 881 8062
Email: administrator@bmhc.org.uk
Website: www.bmhc.org.uk

The British Muslim Heritage Centre operates at both a national and a neighbourhood level serving both the wider British Muslim Community and the more local community in which it is based.

It provides a focus for Islamic heritage, champions balanced social integration, promotes peaceful co-existence and supports cohesive community development initiatives.

Whalley Range Methodist Church

40 Sedgeborough Road
Whalley Range
M16 7EU

Contact: Revd Jennifer McKenzie

Tel: 0161 226 5517

Email: jmcken@tiscali.co.uk &
davelyngallimore@btopenworld.com

A large friendly multi-racial church, serving Moss Side, Whalley Range & Old Trafford. Active in evangelism & social commitment, our motto:

'Proclaiming Christ & Serving the Community'.

Madrisa-Mosque Zakaria

22/24 Clarendon Road
Whalley Range
M16 8LD

Contact: Mr Khan

Tel: 0161 881 9860

A place of worship for people of Islamic faith. Offering prayer facilities 5 times a day, including Ramadam prayers throughout the month of Ramadam.

The mosque runs a daily Arabic school along with teachings of the Islamic religion and prayer facilities for Eid-ul-Fitr and Eid-ul-Adha.

Health & Well-being

Ashville Surgery

171 Upper Chorlton Road
Whalley Range
M16 9RT

Tel: 0161 881 4293

Website: <http://surreylodge.co.uk/cmvt/ashtville.htm>

We provide a high standard of holistic, family medicine, our practice is well managed, efficient and friendly. The team consists of 3 GP partners, supported by 2 part-time practice nurses.

We serve approximately 5000 patients within Whalley Range, Chorlton and Old Trafford.

Body Positive Northwest

39 Russell Road.
Whalley Range
M16 8DH

Contact: Emma Wilson

Tel: 0161 882 2202

Email: info@bpnw.org.uk

Website: www.bpnw.org.uk

We are a self-help organisation for anyone affected by HIV. If you live in the North West, are concerned about HIV, or know someone affected by HIV, our organisation exists to support you regardless of your gender, race, ethnicity, sexuality or how you acquired HIV.

Debbie Jones (AOR)

Contact: Debbie Jones
Tel: 07729 39 8810
Email: djwtwistedpalm@yahoo.com

Reflexology for adults and children – relaxing, healing and stimulating. Home visits available.

HG Counselling

Heather Greenbank
Bury Avenue
Whalley Range
Manchester
M16 0AT

Tel: 0161 881 7560 / 07961 176 683
Email: hevgreen@hotmail.com
Website: www.hgcounselling.co.uk

Person-centred Counselling and Supervision Service, since 1998. I offer supportive, respectful and confidential counselling to individuals, working on a wide range of personal issues. I also offer Supervision to counsellors and people working in the helping professions.

Daytime and evening appointments available. Free introductory session!

Read All About It

Make sure you get your regular delivery of our local Newsletter 'News and Events'.

Email info@whalleyrange.org to get your regular copy >>>

Manchester Therapy Centre & School of Massage

77 Russell Road
Whalley Range
M16 8AR

Contact: Dave Franks
Tel: 0161 881 7171
Email: dfranks@btinternet.com
Website: www.schoolofmassage.co.uk

Manchester School of Massage has been offering internationally recognised Holistic Therapy Courses since 1989. The Centre offers treatment in massage, aromatherapy, reflexology, Indian head massage, counselling, psychotherapy, sports massage, shiatsu and hypnotherapy.

*Opening hours 12.00-8.00pm Monday-Friday
10.00am-5.00pm on Saturdays
Contact the centre for prices.*

The Alexandra Practice

365 Wilbraham Road
Whalley Range
M16 8NG

Tel: 0161 860 4400
Email: avril@doctors.org.uk

Our guiding principles are "excellent care for patients, training doctors for the future". We aim for a holistic approach, keeping up to date and always trying to improve. We seek to share our skills by training other doctors.

Medical students to experienced graduates and consultants, all come to train with us, ensuring quality care for patients in the future.

The Range Medical Centre

121 Withington Road
Whalley Range
M16 8EE

Tel: 0844 499 6977 (see website email form)

Website: www.therangemedicalcentre.co.uk

The Range Medical Centre was built in 2002 for the medical partnership based at Park Surgery on Alexandra Road South.

This was purpose built to provide a high standard of Doctor and patient facilities including disabled access, meeting and health promotion areas plus parking and emergency ambulance access.

Whalley Range Health & Sustainability Forum

C/O JNR8 Youth & Community centre
82 Cromwell avenue
Whalley Range
M16 0BG

Contact: Carol Packham

Tel: 0161 881 3744

Email: info@whalleyrange.org

Website: www.whalleyrange.org

Meeting bi-monthly, focussing on health and sustainability issues; older people's services, promoting health and well being awareness, passing on views and needs of the area to relevant groups.

The Health & Sustainability Forum always have a marquee at the Celebrate festival, and promote food related work with children & young people.

Older People's Services

Abbotsford Nursing Home

8-10 Carlton Road
Whalley Range
M16 8BB

Contact: Sally Hughes

Tel: 0161 226 8822

A spacious detached Victorian house set in its own grounds. Friendly and comfortable, the nursing home offers total care facilities for up to 44 people. Nurses available on site 24 hours, with easy access to medical and nursing care.

Short stay, long stay and respite care available.

Indian Senior Citizens

16-18 Whalley Road
Whalley Range
M16 8AB

Contact: Dr B.C. Das

Tel: 0161 232 7994

Email: iscc@talk21.com

Website: www.isccandukonline.co.uk

Day centre run for elderly Indian people. Promoting good health and social care with many health-related services available as well as a variety of activities and trips to choose from. Aims to foster good relations between the Indian Community and the rest of the community.



Tangmere Court - "Johnnie" Johnson Housing

Dudley Road
Whalley Range
M16 8DF

Contact: Maureen Jarvis

Tel: 0161 881 7377

Email: maureen.jarvis@jjhousing.co.uk

A unique environment for older people with one and two bedroomed apartments for rent. We provide the opportunity for residents to remain independent & active in a safe, secure community. Support onsite from Manager.

24 hour emergency support 365 days a year through our Astraline service.

Places to Socialise

English Martyrs Parish Club

English Martyrs Parish Centre
Alexandra Road South
Whalley Range
M16 8GF

Contact: Dave Grennan

Tel: 0161 226 1107

Email: committee@empc.org.uk

Website: www.empc.org.uk

Established in 1973, EMPC is a social club based in Whalley Range. Considered the number one meeting place for the majority of Irish Association Dances and the enviable reputation of offering the local community a safe, tranquil meeting place where a genuine hospitable atmosphere abounds.

Jam Street Café

209 Upper Chorlton Road
Whalley Range
M16 0BH

Contact: Rick

Tel: 0161 881 9944

Local café/bar by day, restaurant/bar by night, serving a vegetarian or non-vegetarian meal in the evenings. Popular venue displays art by local artists and hosts regular music dj nights.

Palmiro Italian Restaurant

197 Upper Chorlton Road
Whalley Range
M16 0BH

Contact: Stefano Bagnoli

Tel: 0161 860 7330

Email: bookings@palmiro.net

Website: www.palmiro.net

The Carlton Social & Bowling Club

Rowan Lodge
113 Carlton Road
Whalley Range
M16 8BE

Contact: Charles Matthews

Tel: 0161 881 3042

Email: carltonsecretary@aol.com

Website: www.carltonclub.org.uk

Large function rooms available for hire with excellent PA/lighting facilities. New members welcomed to the club, darts and bowling teams.

Featuring monthly 'Home on the Range' and 'Hedge' nights. Home to EXR musicians' collective hosting live music nights on Tuesdays and Thursdays.

info@exr.org.uk www.exr.org.uk

The Hillary Step

119 Upper Chorlton Road
Whalley Range
M16 0BH

Contact: Rob Goater

Tel: 0161 881 1978

The first non-smoking pub in the north-west! Serving wide variety of alcoholic & non-alcoholic drinks, featuring live jazz music on Sunday evenings.

The Whalley Hotel

2 Withington Road
Whalley Range
M16 8AA

Tel: 0161 232 7159

The Whalley Hotel is a licensed building providing live Irish and Country & Western music at weekends. Also show televised live Sky sport & Setanta sport.

Sports & Active Lifestyle

The Amaechi Basketball Centre

c/o Whalley Range 11-18 High School
Wilbraham Road
Whalley Range
M16 8GW

Tel: 0161 881 0090

Email: gmybc@tesco.net

Website: <http://homepages.tesco.net/~gmybc>

The Amaechi Centre was set up by John Amaechi, Britain's most successful basketballer. Thousands of youngsters regularly attend the centre in Whalley Range.

Manchester now has 13 teams playing in the national league, ranging from Under 14 Boys and Girls, to Senior Magic and Mystics.

Whalley Range Amateur Football Club

Whalley Range AFC
Ronnie Lapsley, Colin Glendon
Kings Road
Chorlton
M21 0XX

Tel: 0161 881 2618

Email: ronnie.l@ntlworld.com &
colin.glendon@ntlworld.com

Website: www.whalleyrangeafc.co.uk

Formed in 1900, we are one of the oldest football teams in Manchester. We have two quality pitches, a clubhouse and a food cabin. The officials are committed to the club and are ambitious, Whalley Range AFC is certainly a club on the up.

Whalley Range Cricket Club

Kingsbrook Road
Whalley Range
M16 8NR

Contact: Paul P. Davies

Tel: 0161 881 1414

Email: zoe_pauldavies@hotmail.com

Website: www.whalleyrange.play-cricket.com

Whether you are a junior looking to play, a parent or a more experienced player or coach wanting to join a new Club, find out all about our great Club by visiting our website - who to contact, our facilities and how to join.

Get involved!



Whalley Range Lawn Tennis Club

Kingsbrook Road
Whalley Range
M16 8NR

Contact: A Kaushal

Tel: 0161 881 1414

Website: www.whalleyrange.totaltennis.net

New members of all ages and playing standards welcome. 3 all-weather courts with floodlights make it possible to play all year round. Tennis coaching available for junior and adult groups and individuals.

Social tennis: Monday evenings from 8pm. Sunday afternoons from 2pm. Clubhouse available for hire.

Young People's Services

JNR8 Youth & Community Centre

82 Cromwell Avenue
Whalley Range
M16 0BG

Tel: 0161 881 3744

Email: jnr8office@yahoo.co.uk

Website: WhalleyRange.org

The Centre hosts four youth projects. Young Celebrate which works with children 12 and under offering cookery and arts activities, an After school facility, a Youth facility operated by Manchester Youth Service (Wednesday and Thursday evenings) and a daytime vocational training project, COOL UK, for young people excluded from school.

Whalley Range Youth Opportunities Association (WRYOA)

96 Dudley Road
Whalley Range
M16 8BR

Contact: Carol Packham

Tel: 0161 881 3744

Email: Jnr8office@yahoo.co.uk

Website: www.whalleyrange.org

A registered charity estab. in 1981 to widen opportunities for young people in Whalley Range.

We provide facilities and resources, mainly based at JNR8 (Cromwell Avenue), for under 12s, (JNR8) and over 13s (Whiz), e.g holiday and after school activities, informal education, arts, advice, music, cookery.

Yaparamma - Delivery with integrity

22 Springbridge Road
Whalley Range
M16 8PW

Contact: Claire Cowell

Tel: 0161 226 1856

Mob: 07896 339 502

Email: info@yaparamma.co.uk

Website: www.yaparamma.co.uk

Yaparamma (Youth:arts:projects:advocacy:resources:advice:management:mentoring:access)

We are a non-profit, company ltd by guarantee. We work with organisations and small companies who deliver Arts to children and young people and provide services from developing ideas and project management to business development.

We have a large network of Manchester based artists who can deliver workshops in a whole range of creative media.

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whalleyrange.o

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